

# Schedule Jiu Jitsu | Coconut Grove

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 am						Kids I (4-6 years)
11 am						Kids II (7-10 years)
12 pm						Competition Team
1:00 pm						Open Mat
3:30 pm		Little Babies (3-4 years)		Little Babies (3-4 years)		
4:30 pm	Kids I (4-6 years)	Kids I (4-6 years)		Kids I (4-6 years)	Kids I (4-6 years)	
5:30 pm	Kids II (7-10 years)	Kids II (7-10 years)	Nogi Kids	Kids II (7-10 years)	Kids II (7-10 years)	
6:30 pm	Adults Gi	Adults Gi	Adults Nogi	Adults Gi	Personal Fight	
7:30 pm		Muay Thai		Muay Thai		



**ALLIANCE**  
JIU JITSU TEAM  
Coconut Grove - Florida

3743 Grand Ave - Coconut Grove - Miami/Fl - 33133 | +1 (305) 464-1246  
[alliancecoconutgrove.com](http://alliancecoconutgrove.com) | **Free Parking**



# Schedule Jiu Jitsu | Brickell

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 am						Personal Fight
10 am						Kids I (4-6 years)
11 am	Personal Fight		Personal Fight			Kids II (7-10 years)
3:30 pm		Little Babies (3-4 years)		Little Babies (3-4 years)		
4:30 pm	Kids I (4-6 years)	Kids I (4-6 years)	Kids I (4-6 years)	Kids I (4-6 years)		
5:30 pm	Teen (10-13 years)	Kids II (7-10 years)	Teen (10-13 years)	Kids II (7-10 years)		
6:00 pm					Personal Fight	
7:00 pm	Adults Gi	Adults Gi	Adults Wrestling	Adults Gi	Adults Nogi	



**ALLIANCE**  
JIU JITSU TEAM  
BRICKELL

1793 SW 3rd Ave Brickell - Miami/Fl - 33129 | +1 (305) 464-1246  
[alliancecoconutgrove.com](http://alliancecoconutgrove.com) | **Free Parking**

